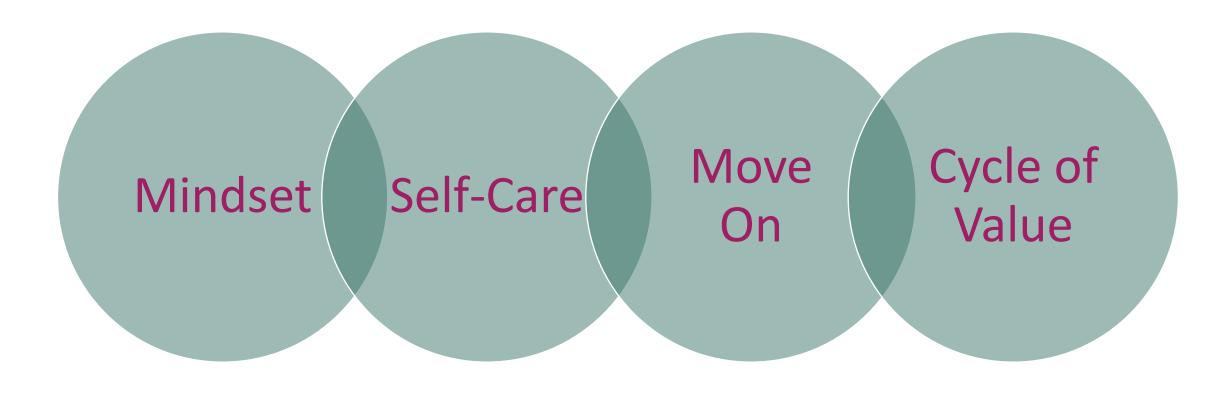




#### Resilience





## MINDSET



- Avoid negative thinking
- Work towards goals that are challenging-yet-attainable
- Practice realistic optimism
- Make it safe to experience a variety of emotions and acknowledge when things are tough



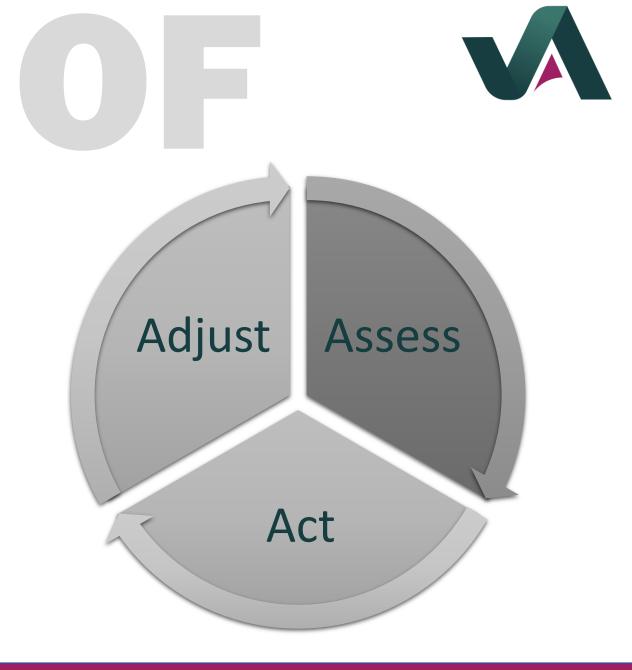


- Develop strong interpersonal connections
- Have policies and practices that allow for self-care
- Support and encourage attending to mental and physical well-being

# RECOGNIZE 4 MOVE ON

- Talk about what didn't work, or what you're facing
- Identify what you learnings
- Let go
- Make adjustments and move forward

## CYCLE VALUE



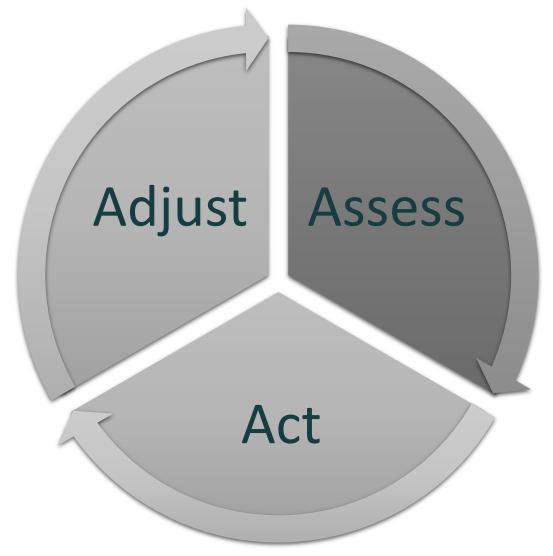
#### **Breakout Discussion 1**



- Briefly share your names and organizations
- Discuss ways your organizations are resilient and how you could improve

### Cycle of Value







"A good leader solves problems. A great one anticipates them. Right now, nonprofit leaders must ask the hard questions, consider the worst-case scenarios, and brainstorm all the different actions they can take right now to be ready *if* that happens."

Joan Garry

listen

scan analyze

observe

plan



## "You never know what you can do until you try." C.S. Lewis

pilot





#### CENTER RELATIONSHIPS

"The value of a relationship is in direct proportion to the time that you invest in the relationship." *Kamari aka Lyrikal* 

invite

prioritize

invest listen





"Remember the two benefits of failure. First, if you do fail, you learn what doesn't work; and second, the failure gives you the opportunity to try a new approach."

Roger Von Oech

analyze
data storytelling

pivot

## ASSESS



- Build common intent by listening and observing
- Understand the context by engaging everyone in real-time, constant environmental scanning
- Analyze the situation
- Establish a clear goal (or goals) for opportunities and pick strategies to reach those goals
- Establish a course of action to be followed if our plan falters or the situation changes



## ACT INNOVATE



- Understand the need we're trying to meet
- Move fast by prototyping and piloting new services or ways of working
- Pick progress over perfection
- Ask for real-time feedback as a means to future improvement and also to co-create with our stakeholders



## ACT CENTER RELATIONSHIPS



- Treat relationships as critical to our work
- Make relationships foundational to our organization
- Pay attention to relationships at every level
- Invite people in and spend more time listening
- Build and maintain trust by increasing communication and being aggressively transparent
- Find new ways to invest in people





- Use challenges and setbacks to our advantage
- Use data, storytelling and other feedback to inform
- Let new solutions come from anyone or anywhere
- Acknowledge what didn't work and communicate about what we've learned
- Be willing to pivot our strategy when our original hypothesis doesn't prove out or the environment changes
- Be nimble enough to make informed changes if a new strategy isn't required



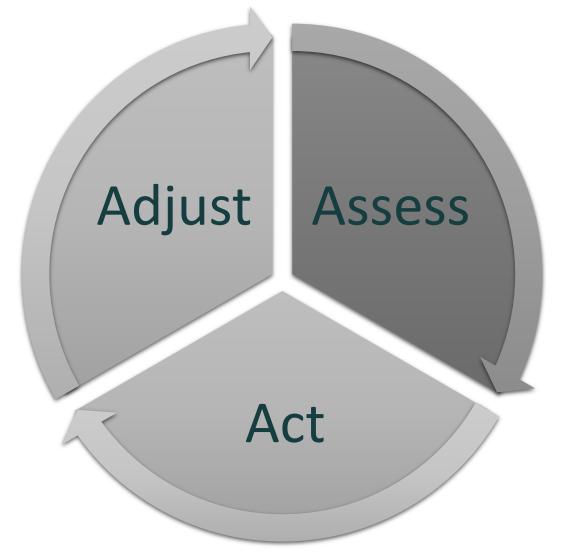
#### **Breakout Discussion 2**



- Discuss ways to engage your participants, board, staff, partners, donors and community members in the Assess | Act | Adjust cycle
- Discuss ways to center relationships when we're having to work differently because of COVID
- Discuss how you might create a culture of making adjustments

### Cycle of Value







#### JENNIE ARBOGASH CONSULTING

Your Catalyst For Social Good

jenniearbogash.com

jennie@jenniearbogash.com

720.261.2756